



## *Embracing Normality*

### To book a place on the conference:

Please contact Rachel Hanmer:

Email: [rachel.hanmer@sath.nhs.uk](mailto:rachel.hanmer@sath.nhs.uk)

Phone: 01743 261000 ext 3884

Please make cheques made payable to:  
Shrewsbury & Telford Hospital NHS Trust

Conference  
cost:  
  
£15 pp  
including  
refreshments

### Directions:

Please see:

<http://www.shropshireconferencecentre.co.uk/getting-here>

### For Further Information:

Please contact:

**Ruth Gammon** (Team Leader -Midwifery/Lead Midwife for Education):

01743 261136 Ext 3091      Email: [r.e.gammon@staffs.ac.uk](mailto:r.e.gammon@staffs.ac.uk)

**Anthea Gregory-Page** (Deputy Head of Midwifery)

0777 210 587      Email: [anthea.gregory-page@sath.nhs.uk](mailto:anthea.gregory-page@sath.nhs.uk)

The Shrewsbury and Telford Hospital   
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Shrewsbury & Telford Hospital NHS Trust  
& Staffordshire University

# *Embracing*



# *N*ormality

**13th March 2012**

**08.45—17.00**

Exploring ways to embrace  
normality within contemporary  
midwifery care

**Shropshire Education & Conference Centre  
Royal Shrewsbury Hospital  
SY3 8XQ**

**08.45–09.15 REGISTRATION & REFRESHMENTS****09.15–09.25 INTRODUCTION PROFESSOR CATHY WARWICK CBE**

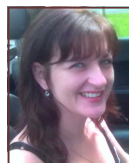
Cathy Warwick is General Secretary of the Royal College of Midwives. Cathy has worked as a midwife across a variety of midwifery settings and has held a number of senior posts in education and in the NHS, managing midwifery and nursing services. She has contributed widely to the advancement of the midwifery profession.

**09.25–10.00 HISTORICAL INFLUENCES ON MIDWIFERY PRACTICE JANE HARRIS (UNIVERSITY OF CHESTER)**

Jane Harris is Deputy Head of Midwifery & has worked in midwifery education for 20 years. She has contributed a chapter in 'Supporting Women to Give Birth at Home'. For her PhD she is studying the experiences of bereaved fathers following a stillbirth and neonatal death up to 28 days.

**10.00–11.00 ANXIETY—A WHOLE BODY EXPERIENCE MIKE NEWBURY (STAFFORDSHIRE UNIVERSITY)**

Mike is a Senior Lecturer in Mental Health and Learning Disability. He has worked in wide range of services to vulnerable people. He has an interest in the understanding of bio-psychosocial aspects of health & wellbeing and is currently involved in teaching the understanding of physical arousal in relationship to fear and anxiety.

**11.00–11.30 REFRESHMENT BREAK****11.30–12.15 BIRTH WITHOUT FEAR PROFESSOR MARY STEEN (UNIVERSITY OF CHESTER)**

Mary has been a practising midwife for over 23 years, balancing midwifery clinical practice, education and research since 1990. She has become very interested in a wide remit of midwifery and family health issues which has lead her to undertake several research studies and service development projects, with the overall aim to improve the care and services for women, babies and their families.

**12.15–12.45 STORIES OF BIRTH JANE & ZOE****12.45–13.45 LUNCH BREAK****13.45–14.30 DESIGNING A BIRTH ENVIRONMENT KATHRYN GUTTERIDGE (SANDWELL & WEST BIRMINGHAM NHS TRUST)**

Kathryn is a Consultant Midwife, who has been involved in a service which has transformed the pathway for Low Risk Women at the Serenity Co-Located Birth Centre and Halcyon Stand-Alone Birth Centre. She founded Sanctum Midwives and is studying fear in relation to childbearing women.

**14.30–15.00 THE ROLE OF FATHERS IN MATERNITY CARE DUNCAN FISHER OBE**

Duncan Fisher was the founder of the Fatherhood Institute and has served on the Board of the Equal Opportunities Commission, responsible for gender equality. He is author of 'Baby's Here, Who Does What?' and is currently working on the 'Maternity Assist' Initiative.

**15.00–15.30 REFRESHMENT BREAK****15.30–16.00 INTRODUCTION TO 'MATERNITY ASSIST' DUNCAN FISHER & MARY STEEN****16.00-16.30 PROMOTION OF NORMALITY WITHIN AN NHS TRUST DAWN JOHNSTON (WHIPPS CROSS UNIVERSITY HOSPITAL NHS TRUST)**

Dawn is a Clinical Director for Women's Services with experience in all areas of midwifery practice. She has both commissioned and developed maternity units and has been involved in various reviews of maternity services in Wales, Northern Ireland and England. Dawn's passion is to provide real choice for mothers and for mothers to be able to make a choice that is best for them.

**16.30-16.45 A SUPERVISORY PERSPECTIVE BARBARA KUYPERS (LSA)**

Barbara has been the Local Supervising Authority Midwifery Officer for West Midlands since July 2007, providing support and guidance for 15 Trusts that provide Maternity Services across the West Midlands region.

**17.00 CLOSE**